

# Ways to Engage

In order to keep costs down, we need those who garden and would like to share some of their flowers or herbs with us. When plucking flowers or herbs, please put them in either a paper or cloth bag as they will mold in plastic.

- Roses — all colors
- Dandelions
- Lemon Balm
- Peppermint
- Lavender
- Yarrow

We need volunteers to:

- Manage our social media— posting products/articles twice a week
- Manage our online orders— approximately 3 hours a week
- Help clean & paint our new space— approx. 750' in NE DC

Do you have a way you would like to get involved but don't see it listed here? Please email us at [info@R199.org](mailto:info@R199.org).